

## Activity Medical Form

This form must show all guests in your group  
Please complete one form per sub-group

**Group Name** \_\_\_\_\_ **Visit Dates:** \_\_\_\_\_

**Booking Reference** \_\_\_\_\_ **Accommodation Type:** \_\_\_\_\_

If your group are taking part in any of Avon Tyrrell's Instructed Activities, it is essential that we receive your completed medical form. Without this we cannot allow anyone to take part in any activities.

- Please take note that activity sessions may involve various degrees of physical exertion and/or contact with other people and equipment and that your group accept this before undertaking any activity.
- A selected number of our activities have upper and lower weight limits, based around the safety equipment manufacturers recommendations. For this reason those with young children (8 and under) and those with participants over 114kg/18 stone are advised to contact us prior to booking to discuss the suitability of certain activities.

Name	Age <small>(If 26+, please write "Adult")</small>	Height in CM <small>(Only Required for Led Mountain Biking)</small>	Swimming Ability <small>(Required for all water activities)</small>  <small>A/B/C *</small>	Relevant Medical information / <b>Medical Conditions</b>

	A	B	C
<b>* Swimming Ability</b>	Able to swim 50m and is water confident	Water confident, and able to swim, but unsure how far/less than 50m.	A non-swimmer and/or may not be water confident.

I also certify that I have given notice of any other conditions of participants that are relevant to the activity they are taking part in (e.g. Pregnancy, recent injuries etc.) All information supplied will be used for the purpose of administration and activity participation health and safety and will be retained in accordance with data protection regulations.

<b>Signed (Party Leader):</b> _____	<b>Print:</b> _____	<b>Date:</b> _____
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