

## Be Outdoor Days Medical Form

All sections of this form must be completed by a parent/guardian if they are leaving the child under Avon Tyrrell’s supervision. This form will remain **valid until 31 December 2021** but will remain the parent/guardian’s responsibility to inform us of any changes prior to participation.

<b>Name:</b>	
<b>Date of Birth:</b>	<b>Age:</b>
<b>Emergency Contact:</b>	<b>Contact Number:</b>
<p style="text-align: center;"><b>Relevant Information</b></p> <p>(E.g. allergies, asthma, medication, additional/communication needs etc.)</p>	<p><b>Please note:</b> Avon Tyrrell can only oversee or administer the taking of medication if it is clearly marked with the child’s name and we have received a medication consent form from the parent/guardian. Consent is required even if the child can self-medicate (e.g. inhaler)</p> <p>In an emergency, Avon Tyrrell reserves the right to seek emergency medical care for any child under their supervision until the parent/guardian can be contacted.</p>
<p><b>GP Contact Details</b> (Name, address, phone number)</p>	
<p><b>Photo Permissions</b></p>	<p>To ensure our marketing promotes our current programmes and activities, we request your permission to include pictures/video which may feature your child in our promotional material.</p> <p><b>Please confirm if you will consent to this: Yes/No</b></p>
<p><b>Sun Cream</b></p>	<p>We advise all children to bring suitable sun cream with them, but in the unlikely event this is forgotten, we have a small supply on site which your child may self-administer.</p> <p><b>Please confirm your consent: Yes/No</b></p>
<p>As parent/guardian, I have personally completed this form and the details I have provided are, to the best of my knowledge, accurate at the time of completion.</p>	
<b>Signed:</b>	<b>Date:</b>

## Be Outdoor Days Information

All activities are run by qualified instructors and take place in all weather conditions so do come prepared with appropriate clothing including; comfortable, sturdy trainers/boots. Please note: clothes may get muddy and/or wet, so old clothes are best.

### What to bring

- Waterproof coat (and trousers if possible)
- Sun cream and hat for hot days or woolly hat, gloves and extra jumpers for colder days.
- Water bottle, snacks and a packed lunch
- Please note: We are not currently accepting any cash on site so if they would like to purchase any souvenirs, we can only accept card payments.
- A change of clothes including a towel and shoes (in case of bad weather)
- **Mountain Bike Days** – If you have a helmet, please bring this with you, so we can offer the option of Mountain biking. Bikes will be provided but you are welcome to bring your own.

### On the Day

	Drop Off Times	Collection Time
Full Day Fundays	08:30-09:00	17:00-18:00

- Please ensure the medical form is complete and returned in advance or brought along on the morning of the Be Outdoor Day. Children without this form completed and signed will not be allowed to stay without a parent/guardian.
- When dropping off your child, please ensure they are escorted to the registration area (which will be sign posted.)
- We will check them in, ensure we have a completed form and confirm with you who will be collecting them at the end of the day. If this needs to change for any reason, please ensure you contact Reception to make alternative arrangements.
- At the end of the day, your child will need to be collected directly from the registration area. No child will be allowed to leave until their designated adult is present and has signed them out.