

Avon Tyrrell Activities (Groups)

*Note: Please discuss accessibility requirements at time of booking to ensure your programme is suitable.

Experience Activities	Description	Minimum Age	Accessibility	Other Information	Learning Outcomes
Abseiling	Experience the thrill of an abseil! Lean back over the edge and descend the tower, once you relax you can also take in the phenomenal views of Avon Tyrrell	8 years or Year 4		Maximum weight limit 18 stone (120kg).	Resilience Self-Awareness Motivation Receptiveness Communication Skill Development
Archery	Our qualified leader level instructors will guide you on the skills of Archery to allow you to safely enjoy this activity. Practice to perfect your technique from the shooting line and show us what you've got.	5 years or Year 1	Range 1 is fully accessible, and we can provide adapted bows.		Resilience Self-confidence Skill Development Challenge and Risk
Canoeing (Mar-Oct) (Rafted in Nov & Feb)	Partner up in our 2 person canoes and paddle across the waters, With open tops you will learn traditional canoeing techniques and skills	8 years or Year 4	Hoisting is available on request. Please contact us to discuss individual needs	The lake is not open for Canoeing in December or January	Resilience Communication Skill development Challenge & Risk
Climbing	Find your grip and see if you can challenge yourself to reach the top of the climbing tower. Too easy? With multiple routes and difficulty levels, plus our auto belays, there are plenty of ways to push yourself.	5 years or Year 1	Assisted climbing is available on request. Please contact us to discuss individual needs	Maximum weight limit 18 stone (120kg).	Resilience Self-Awareness Motivation Receptiveness Communication Skill Development
Forest Schools	Regular sessions over a period of time. Sessions cover a wide range of National Curriculum outcomes with a strong focus on the emotional, physical and mental development.	5 years or Year 1	Please contact us to discuss individual needs.		Self-Awareness Self confidence Enviro awareness Wellbeing

<p>High Ropes</p>	<p>Enjoy the excitement of our High Ropes course with various tree based elements.</p> <p>Individual elements Catwalk, Incline logs, Multi-vine and Leap of Faith: A series of 4 challenges up in the trees.</p> <hr/> <p>Team elements Crate Stacking: Tackle in pairs and see if you can build the tallest tower, whilst balancing on top of the crates.</p> <p>Jacobs Ladder: Work together on your way up the Jacobs Ladder. With the rungs getting further apart, you'll need your best team work to make it to the top.</p> <p>Play Pen: Climbing up the swinging beams, over the cargo net and up the tyres; be careful they spin!</p> <p>High all aboard: Working in pairs the participants climb to the top of the pole and try to stand on the platform at the top.</p>	<p>Incline Logs, Catwalk & Multi Vine 5 years or Year 1</p> <p>Crate Stack, Leap of Faith, Play Pen & Jacobs Ladder 8 years or Year 4</p>	<p>Hoisting is available on some elements on request. Please contact us to discuss individual needs</p>	<p>Maximum weight limit 18 stone (120kg).</p>	<p>Resilience Self-awareness Motivation Self-confidence Challenge & Risk</p>
<p>Kayaking (Mar-Oct)</p>	<p>Take on the lake solo in our kayaks, or pair up on a tandem sit on top. Develop skills as you paddle forwards, backwards and sideways taking on new challenges with the instruction of our team.</p>	<p>8 years or Year 4 for single kayaks</p> <p>5 years or year 1 in doubles (must be in</p>	<p>Hoisting is available on request. Please contact us to discuss individual needs. Sit on tops available.</p>	<p>The lake is not open for Kayaking from November-February</p>	<p>Self confidence Skill development Challenge & Risk</p>

		a boat with 12+ years)			
Mountain Biking	Take our Mountain Bikes for a ride through the trees around our bike tracks. We can adapt MTB sessions accordingly to help improve techniques, learn new skills, improve bike control or just enjoy a ride.	8 years or Year 4	We have a range of accessible bikes. Please contact us to discuss needs.	Must be able to ride a bike without stabilisers.	Skill Development Wellbeing Challenge & Risk
Paddleboarding (Mar-Oct)	Enjoy a paddle around the stunning lake and see if you can get up on both feet with the support of our instructors who will guide you one stroke at a time.	8 years or Year 4	Hoisting is available on request. Please contact us to discuss individual needs and suitability of the session.	The lake is not open for Paddleboarding from November-February	Self Confidence Resilience Motivation Receptiveness Communication Leadership
Raft Building (Mar-Oct)	How well can you build a raft? Construct and build a raft with your team before we take it to the water and put it to the test with different challenges. Will you and your team stay dry? Or will you get soaked	8 years or Year 4	Hoisting is available on request. Please contact us to discuss individual needs and suitability of the session.	The lake is not open for Raft Building from November-February	Resilience Motivation Self-confidence Communication Skill Development
Roll out the Barrels	Challenge day. Lots of short activities and challenges where groups earn points for teamwork, communication and leadership, all culminating in either a raft build or pioneering challenge at the end of the day.	8 years or Year 4	Yes, please contact us to discuss individual needs.		Self Confidence Group Dynamics Motivation Receptive Communication Leadership
Tree Climbing	Tackle our tree climbing challenge as participants have the freedom to go as high as they want, experiencing new sensations and perspectives. It's a great challenge and hanging around up there is so much fun.	8 years or Year 4		Maximum weight limit 18 stone (120kg).	Self Confidence Group Dynamics Motivation Receptive Communication Leadership
Tree Top Trail	Climb into the tree tops and push your limits as you tackle multiple obstacles up high on our Tree Top Trail. Watch where your	7 years or Year 4		Maximum weight limit 18 stone (120kg).	Resilience Self-Awareness Motivation

	stepping, keep your balance as you navigate the trees before whizzing through the open air on the zip lines. It's a must try for anyone looking for a thrilling adventure.			Minimum height 130cm. If under 140cm must have participating adult to support.	Self Confidence Communication Skill Development
Zip Wire	Get the adrenaline pumping as you travel at high speeds over our stunning lake on our zip wire. With incredible scenery to enjoy, this exhilarating experience is one not to miss! It's almost like you're flying.	7 years or Year 4	Hoisting is available on request. Please contact us to discuss individual needs.	Maximum weight limit 18 stone (120kg). Minimum height 130cm.	Resilience Self-Awareness Motivation Self Confidence Challenge and Risk
Learn Activities					
Animal Tracks	Identifying animal tracks and signs can open an unseen world, a window into the lives of shy and elusive animals. Use this opportunity to discover more about the environment, what lives there and what it leaves behind.	5 years or Year 1	Yes, please contact us to discuss individual needs as ground can be uneven.		Enviro Awareness Communication Group Dynamics
Art in the Environment	A hand's on fun session of creativity using nature as both an inspiration and material resource where you will gain knowledge of the environment and design your own piece of art.	5 years or Year 1	Yes, please contact us to discuss individual needs	This can be Led by instructors or Self Led.	Wellbeing Skill Development
Bushcraft	Learn the essentials to surviving in the wild whilst keeping the protection of the environment in mind. Learn how to safely light a fire, boil water and make a cup of tea with our Kelly Kettles or how to build a protective shelter. Our Bushcraft sessions teach valuable wilderness skills to prepare you for being outdoors with limited resources.	5 years or Year 1	Please contact us to discuss individual needs	Sessions can be extended to included survival skills.	Resilience Self Confidence Leadership Enviro Awareness Wellbeing Skill Development

<p>Challenge Course (was Adventure Course)</p>	<p>Our Challenge Course has all the basics you would find on a traditional assault course, but our focus is on your ability to work as a team. An exciting challenge for children and adults. Make your way across tricky challenges and obstacles, as you crawl through tunnels, cargo nets and balance on suspended planks but don't get caught in the spider web!</p>	<p>5 years or Year 1</p>	<p>Please contact us to discuss individual needs</p>		<p>Communication Group Dynamic Leadership</p>
<p>Discovery Walk</p>	<p>A sensory exploration with a difference! Connect and interact with the outdoors using sight, smell, touch, taste and hearing. Learn interesting facts about the Avon Tyrrell grounds, discover the wonderful secrets of the environment and how it changes with the seasons.</p>	<p>5 years or Year 1</p>	<p>Please contact us to discuss individual needs</p>		<p>Enviro Awareness Communication Leadership Wellbeing Group Dynamics</p>
<p>Forest Walk (3 Hour Off Site)</p>	<p>Our Forest Walk will take you around the centre and off site into the National Park in a fun and interactive way. It's incredible the things you can find when you're looking. On this interactive exploration you will discover natural habitats and what exists within the environment from vegetation and landscapes to wildlife species.</p>	<p>8 years or Year 4</p>	<p>Depending on needs this walk can be adapted, please contact us discuss individual needs.</p>	<p>Small rucksack to carry waterproofs, Water & some food depending on length of session and weather conditions</p>	<p>Skill Development Self confidence Enviro Awareness Group Dynamics Leadership Communication Motivation Wellbeing</p>
<p>Icebreakers</p>	<p>Perfect for newly formed groups. Play and connect as you break the ice and get to know each other strengths working as a team to complete various challenges</p>	<p>5 years or Year 1</p>	<p>Please contact us to discuss individual needs</p>		<p>Self-Awareness Resilience Self-confidence Receptiveness Group Dynamics Leadership</p>
<p>Low Ropes</p>	<p>Our Low Ropes course at Avon Tyrrell is a low-level balance activity combing problem solving, team coordination and cooperation on various elements. An exciting and</p>	<p>5 years or Year 1</p>	<p>Please contact us to discuss individual needs</p>		<p>Resilience Self-awareness Communication Motivation Self confidence</p>

	challenging series of beams, ropes, planks and tyres all waiting for you.				Group Dynamics Leadership
Mini Beasts	<p>What do you see when you get down close to the ground?</p> <p>Explore the world of mini beasts as you investigate what creatures you can find and in what habitats. Look into adaptations and classifications and discover the bug world from a whole new perspective</p>	5 years or Year 1	Please contact us to discuss individual needs		Skill Development Confidence Enviro Awareness Well being
Navigation (On Site)	<p>Navigation is a handy skill to have outdoors. Learn how to read an OS Map and develop skills such as pacing before planning your own route card. Put your knowledge to the test and see if you can navigate another groups route.</p>	8 years or Year 4	Yes, please contact us to discuss individual needs		Communication Confidence Skill Development Leadership Enviro Awareness
Pedalo (Feb-Nov)	<p>Take a weight off, hop in a pedalo and steer the craft with your feet as you sit back and enjoy the lake from a different perspective.</p>	5 years or Year 1	Hoisting is available on request. Please contact us to discuss individual needs.	The lake is not open for Pedalo in December and January.	Communication Leadership Wellbeing
Pioneering	<p>What can you construct as a team with rope and wooden spars? A giant Catapult!</p> <p>Pioneering is a great skill and with your finished structure you will be challenged to fire balls at a target, to see how many points you can get.</p>	5 years or Year 1	Please contact us to discuss individual needs		Resilience Communication Group Dynamics Skill Development
Pond Dipping (Feb-Nov)	<p>A fun and simple way to explore an aquatic habitat and observe a diversity of different creatures from newts to dragonfly nymph. Equipped with nets, trays and magnifying glasses, you will have the opportunity to explore our freshwater pond and discover what creatures inhabit them.</p>	5 years or Year 1	Yes, there is an accessibility ramp and removable bar to help make the area accessible please contact us to discuss individual needs.		Skill Development Confidence Enviro Awareness Well being

Problem Solving	Solve complex puzzles and tasks of both a physical and mental nature. It takes initiative, logic and teamwork, so stretch your brain to its limits and see if you can successfully figure them out.	5 years or Year 1	Yes, please contact us to discuss individual needs as ground can be uneven.		Leadership Resilience Self -awareness Communication Self Confidence Receptiveness Group Dynamic
Shelter Building	If you were stranded and needed to protect yourself from the elements, could you? Split into teams and go hunting for natural materials to design your structure before we put them to the test. Are they big enough, are they strong enough and will you stay dry and survive our waterproofing test? It's not as easy as it looks.	5 years or Year 1	Yes, please contact us to discuss individual needs as ground can be uneven.		Communication Receptiveness Group Dynamic Leadership Enviro Awareness
Trust Walk	Trust Walk is a team building activity giving you get the opportunity to show leadership and build trust as people navigate each other around obstacles.	5 years or Year 1	Yes, please contact us to discuss individual needs		Self -Awareness Resilience Self-confidence Leadership Group Dynamics
Develop Activities					
Bottle Rockets	Bottle Rockets is an exciting activity where you will have a go at designing and making a water rocket to launch as you compete various challenges against other teams. See how high your rocket can soar.	5 years or Year 1	Yes, please contact us to discuss individual needs		Enviro Awareness Receptiveness Enviro Awareness Challenge and Risk
Campfire	What better way to end your day with us than sitting around a campfire? Enjoy the warmth as you toast marshmallows, sings songs and tell stories about your days adventures at Avon Tyrrell.	5 years or Year 1	Yes, please contact us to discuss individual needs	This is an evening session and can be Led by instructors or Self Led.	Self Confidence
Disco	With a selection of old and new hits to get the party started, show us your moves on the dance floor and wind down at the end of an action-packed week with us	5 years or Year 1	Yes, please contact us to discuss individual needs	This is an evening session.	Self Confidence Communication

Egg Drop	You have an egg that is going to be dropped from a height, how would you protect it? What would you use? Through a range of mini challenges, you will need to earn as many points as possible to protect your egg to the very end.	5 years or Year 1	Yes, please contact us to discuss individual needs		Communication Group Dynamics Leadership Enviro Awareness
Geocaching	Using tablets that will act as your GPS, you will be guided around the site on a big game of hide and seek on the hunt for the hidden markers. Once you've found them, can you crack the code?	5 years or Year 1	Yes, please contact us to discuss individual needs	This can be Led by instructors or Self Led.	Self Confidence Communication Leadership Support & Cohesion
Night Orienteering	Adjust your eyesight and explore the centre at night. Evening orienteering will introduce and practice your basic navigation skills of using a compass, following a bearing and using pacing's which you will then perfect as you make your way around our course under moon light	8 years or Year 4	Yes, please contact us to discuss individual needs	This is an evening session.	Self Confidence Leadership Skill Development
Night Walk	An opportunity to explore Avon Tyrrell during dusk or darkness and discover the nocturnal creatures that live here. It is a great time to see new things, listen to stories connected with the house and test your night vision with some of our night tricks.	8 years or Year 4	Yes, please contact us to discuss individual needs	This is an evening session.	Resilience Receptiveness Enviro Awareness Challenge and Risk
Orienteering	Introducing some practical map reading skills, you will work in small groups to try and locate various points within the grounds. How many can you find?	8 years or Year 4	Yes, please contact us to discuss individual needs	This can be Led by instructors or Self Led.	Self Confidence Leadership Skill Development Communication
Treasure Hunt	After a brief introduction to map reading, grab your treasure map and riddle sheet and use your mind to work your way towards the hidden treasure.	5 years or Year 1	Yes, please contact us to discuss individual needs	This can be Led by instructors or Self Led.	Self Confidence Leadership Skill Development Communication