**Avon Tyrrell Residential Kit List**

Avon Tyrrell will provide any specialist equipment required for activities but in order to make sure your group is able to fully enjoy their visit, please ensure suitable clothes and footwear are brought. The amount of each item will depend on your programme and the duration of your stay, but if you are in any way unsure please let us know and we will be more than happy to advise you.

**For a standard residential visit, we would suggest the following:**

* Suitable outdoor coat (waterproof and warm), and ideally trousers
* Outdoor footwear– walking boots or sturdy trainers. Wellies are not suitable for many of our activities. In the Summer, we recommend bringing at least 1 pair of closed toed footwear
* Old trainers– for water sport activities– these are very likely to get wet.
* Warm jumpers– fleeces are best as they are light weight and warm
* Short and long sleeved tops (thermals are good for the winter)
* Comfortable trousers (ideally not jeans)
* Casual clothes for the evening, and slippers for indoor wearing
* Sleepwear
* Underwear– including at least 1 pair of socks per day of visit plus a couple of extras
* Swim wear/shorts
* Woolly hat, gloves and scarf
* Toiletries– including towels, soap, tooth brush, tooth paste, hair brush, shampoo etc. plus any prescribed medication
* Sun cream
* Spending money for the on-site shop and souvenirs
* Torch
* Guests staying in the Lodges will also need to bring their own sleeping bag or bed linen. Bed linen can also be booked through the Guest Services Team for a small charge.

Outdoor activities are exciting, challenging and interesting, but they will be even more enjoyable if participants have suitable clothing, so bring plenty of old, warm clothes that are allowed to get dirty. Please remember that visitors will need to be able to carry their own bag – often upstairs and so to be considerate of the luggage choices.