











Night Walk / Twilight Walk Risk Assessment







Activity: Night Walk Session

- What are the hazards?**
- Darkness
 - Tree roots, branches, etc.
 - Lake
 - Poor Weather

Who is at risk? Staff, participants and members of the public.

| What are the risks? | Existing safety measures/controls | Likelihood | Risk Rating |
|---|---|---|---|
| Excessive stress due to fear of the dark | <ul style="list-style-type: none"> • Respect the participants' fears and encourage them to face them while reassuring them • DO NOT force an individual to participate in an activity such as a solo walk of the Rhododendron tunnel • DO NOT deliberately scare participants • Torch to be carried |  |  |
| Injuries deteriorating because the first aider is not able to see what they are doing because it's too dark | <ul style="list-style-type: none"> • Torch is to be carried within the group on all sessions • First aid kit carried • On call staff available to support if needed. • |  |  |
| An instructor being | <ul style="list-style-type: none"> • Maintain a regular check on the | | |

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| <p>unable to recognise ANY of the hazards discussed in the General Risk Assessment due to the lack of light (including medical problems, injury and separation)</p> | <p>group through head-counts both visually (where possible) and through a "roll call" (e.g. assign each member of the group a number at the start of the session and have them call them out in order on command)</p> <ul style="list-style-type: none"> • The instructor should be familiar with the route and aware of main hazards that may be presented (for example ponds) • Encourage group members to "watch out" for each other – e.g. advise each other of potential hazards and let staff member know if an individual shows signs of distress or illness • |  |  |
| <p>Tripping over and falling</p> | <ul style="list-style-type: none"> • Group advised about rough terrain and to tread carefully, told not to run • Instructors and participants should wear appropriate footwear i.e. trainers • |  |  |
| <p>The member of staff on call unaware of the night walk and in the event of an emergency, no member of staff monitoring the radio and therefore no assistance being</p> | <ul style="list-style-type: none"> • Always ensure that the staff member on call is aware of the night walk and that they will be monitoring the radio • Give an expected time of finishing the session and radio the member of staff on call at the start and on completion of the activity • Mobile phone advised to be carried |  |  |

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| available | <ul style="list-style-type: none"> in case of radio failure. | | |
| Falling in the lake | <ul style="list-style-type: none"> Maintain good discipline and ensure that the group is aware of the potential risks of poor behaviour Where groups lack suitable discipline avoid the lakes completely. Throw line to be carried when operating around the lake |  |  |
| Participants/Leaders hitting their heads on low slung branches | <ul style="list-style-type: none"> Instructor to choose a route with minimal hazards Any potential hazards, such as low slung branches in the rhododendron tunnel to be reported to maintenance |  |  |
| Scolding/ burning from hot water | <ul style="list-style-type: none"> Ensure only instructor opens flasks and that the lid is replaced securely Instructor to test tea prior to group |  |  |

Reference to other manuals assessments:

Avon Tyrrell reference and training folder

UK Youth Health and Safety policy

Reviewed June 2019 by Chief Instructor

Approved by Director of Avon Tyrrell & Operations

Next review June 202